



Dr. E.P. Scarlett High School

Physical Education 10

Teacher: K. Larsen

Semester: Fall 2022

School Year: 2022 - 2023

Contact Information:

- Email: klarsen@cbe.ab.ca
- Main Office: 403-281-3366
- Additional course information/materials for students can be found on D2L

Credits: 5

Course Fee: \$65.00

- **Must be paid by and can be paid online or at the Business Office**
- Facility rental and instructor fees for bowling and swimming
- Scarlett Physical Education t-shirt

Course Prerequisite: None

General Course Outcomes:

- *ACTIVITY (A)*
 - Students will acquire skills through a variety of developmentally appropriate movement activities; dance, games, types of gymnastics, individual activities and activities in an alternative environment; e.g., aquatics and outdoor pursuits.
- *BENEFITS HEALTH (B)*
 - Students will understand, experience and appreciate the health benefits that result from physical activity.
- *COOPERATION (C)*
 - Students will interact positively with others.
- *DOING IT DAILY (D)*
 - Students will assume responsibility to lead an active way of life.

*** Each General Outcome is broken down into several specific outcomes, each with specific achievement indicators. For an extensive list of all the outcomes and indicators, please visit: <https://education.alberta.ca/media/160191/phys2000.pdf>

Outcomes Based Evaluation

Evaluation Criteria	Class Preparedness	Interactions	Participation & Effort
Weight	20%	40%	40%
Assessment Criteria	Students will make every effort to wear clothing conducive to physical activity and have appropriate footwear Students will arrive for class on time Students will demonstrate a willingness to engage in all class activities	Students promote meaningful inclusion of others and are willing to seek out new partnerships. Students will support others, display good sportsmanship and use positive language. Students will demonstrate leadership skills such as: - helping with equipment - leading by example - supporting others learning	Students will follow instructions Students will participate to the best of their ability in all class activities. Students will demonstrate intentional effort in relation to the activity in which they are involved in
Course Outcomes	A/B/C/D	A & C	A & D

Course Expectations

Students are expected to be respectful of classmates, teachers, equipment, facilities, and lockers. Students must represent the school in a respectful and responsible manner.

Attendance and Punctuality

- Students are expected to **attend all classes**. This course is participatory in nature and attendance is essential.
- Students who accumulate a combination of absences (explained/unexplained) which exceed 21, may be given only 3 credits for Physical Education 10. This will result in the student not be recommended for Physical Education 20. Instances such as these will be considered on an individual basis.
- Students are expected to be *punctual* for all classes. Adequate change time will be given to the students.

Transportation Considerations

- Our school owned busses will be used to transport students to and from off-campus activities. **Students will not be permitted to drive themselves.**
- On occasion students will be required to travel outside of their regularly scheduled class time. Assessment in Physical Education is largely based on participation and as such missing the bus will have a negative impact on the ability to assess student performance.

Required Facilities/ Equipment

Equipment will be provided by the school, and facility use will vary depending upon the activity at any given time.

Health & Safety

Dress Regulations

- Students are expected to be changed into clothing that is conducive to being active each class, in addition to providing the ability to participate safely
- Students will not have access to lockers in the change-room and as such will need to bring all belongings with them to class.
- **Do not leave belongings unattended in the change-room. We will not be responsible for any items that go missing.**
- Students need to have appropriate, non-marking footwear for use in the gyms.
- It is the student's responsibility to be **prepared for class.**
- Students need to be prepared appropriately for adverse weather during outdoor activities
- For safety reasons, we ask that no jewelry be worn during class time in the gym. For outside activities, students may wear hats, sunscreen and/or sunglasses to participate.

Facility and Equipment Use

- Students must use all equipment and facilities in an appropriate manner. This applies to both on/off-campus learning environments.